

Dementia Action Week

21-27 September 2026

It's time to
talk about
dementia

Dementia needs a
voice in every room.
Yours included.



Visit dementia.org.au/dementia-action-week
to find out how to get involved

An initiative of Dementia Australia

National Dementia Helpline 1800 100 500



**Dementia
Australia**

Support.
Change.
Prevention.